



ST. JOSEPH'S COLLEGE  
READING • BERKSHIRE

## Spirituality Policy

This policy relates to all sections of St Joseph's College, including the Early Years Foundation Stage.

### Aims

The aims of our Spirituality Policy are:

- To make prayer, worship and liturgy real spiritual and educational experiences
- To develop the faith of each individual in the College community
- To encourage a sense of God's presence permeating the life of the College
- To encompass in the pupils an awareness of our response to the world around us – and to God

### The pupils and staff will endeavour to achieve this by:

- Celebrating Mass as a College community. We welcome parents, governors, sisters, former staff and ancillary staff to join our worship. Music, singing, dance, prayers, readings and offertory will be led by pupils
- Celebrating other liturgies such as Harvest Festival, Remembrance Day, Advent, Christmas services, Ash Wednesday, Lent, St Joseph's Day Mass, Easter services, Pentecost, Feast Days, Memorial Masses and May Procession
- Gathering together for an act of worship through our assembly programmes
- Special celebrations for the whole College at Christmas and Easter and the St Joseph's Day Mass
- Praying together as a staff and in class/year/tutor groups
- Giving opportunities for quiet reflection/meditation in the Chapel or Prayer Room
- Developing a sense of wonder, awe, mystery and joy
- Though Days of Reflection and RE Department visits as well as the opportunity for spiritual reflection on other residential visits e.g. Kintbury
- Through Music and Drama as an opportunity for spiritual expression and appreciation
- Giving opportunities to transcend the present moment, e.g. relive the past, reflecting on the future or exercising their imagination
- Developing an appreciation of the intangible – for example, beauty, truth, love, goodness, order as well as a sense of mystery
- Sympathising and empathising with others and responding accordingly
- Linking our fundraising events in response to the needs of others



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- Developing caring and trusting relationships with other people, and a loving relationship with God
- Enabling pupils of all ages to relate to the wider questions of life within their comprehension
- Valuing themselves, other people and the environment
- Seeking to maintain relationships with others and to be able to forgive and be forgiven
- Encouraging a sense of responsibility by giving pupils specific roles to play in helping others and in promoting and assisting the spiritual life of the College
- Dealing fairly and justly with any pupil who transgresses rules and hurts others, including the opportunity to make meaningful amends
- Through curricular subjects as they point their own subject towards the larger questions