



ST. JOSEPH'S COLLEGE

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PSHEE Policy

This policy relates to all sections of St Joseph's College, including the Early Years Foundation Stage.

Rationale

PSHEE at St Joseph's College is an important aspect of our Pastoral Care System. Through a structured programme of relevant topics every pupil is encouraged to develop an awareness of their role in society, now and in the future. These topics reflect the ethos of the College and the values we hope to develop in our Christian community. The pupils need to understand and respect each others' strengths and weaknesses and at the same time develop their own potential – intellectually, physically, socially, emotionally, creatively and spiritually.

PSHEE is valued at St Joseph's College and is therefore at the heart of our curriculum.

We aim to promote all our pupils' self-esteem and emotional wellbeing and help them to form and maintain worthwhile and satisfying relationships based on respect for themselves and for others at home, at work and in the wider community. PSHEE encourages our pupils' ability to relate to others and work for the common good.

Our PSHEE curriculum aims to prepare our pupils for the opportunities, responsibilities and experiences of modern life in British Society. Through the PSHEE curriculum we aim to pass on the enduring values of society, develop pupils' integrity and their self-confidence, enabling them to become successful learners and develop as responsible and caring citizens capable of contributing to a just society.

"PSHEE comprises all aspects of a school's planned provision to promote their pupils' personal and social development, including health and well-being"

(Preparing young people for adult life, DfEE 1999)

Through the PSHEE curriculum and teaching we take due regard of the protected characteristics set out in the Equality Act 2010. We take into account the age, ability, readiness and cultural backgrounds of pupils.

Definition of PSHEE

In defining the role of PSHEE at St Joseph's College we intend that our planned programme should promote our pupils' personal and social development, including health, wellbeing and economic education, looking at the roles they play in society. PSHEE is much more than just the taught curriculum and is also present in:

- Not only what is taught but in all the ways the school supports personal and social development, e.g. charity work, the Assembly Programme, House System, school trips, extra-curricular activities, Pupil Voice Committees, our Code of Conduct
- Aspects of specific topics and subjects in other curriculum areas
- Our College Mission Statement and the value we place on developing the whole person



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Aims of PSHEE

PSHEE aims to help all our pupils:

- Understand and manage their emotions
- Maintain effective relationships
- Value and respect themselves and other people
- Appreciate difference and the needs of others
- Contribute positively to the College community
- Consider social and moral dilemmas
- Be responsible for their behaviour and learning
- Develop skills of creative thinking, reflective learning and independent enquiry
- Be able to assess and manage risk and be confident of their decisions
- Be confident to ask for help
- Support key Citizenship aims of cultural, political and global awareness
- To understand the Fundamental British Values by developing in them a respect and tolerance for others' beliefs and by contributing to their knowledge of British institutions and society.
- Be sensitive to the feelings of others and develop teamwork skills
- Think about, assess and develop their potential
- Make informed and healthy decisions and develop their critical thinking skills
- Explore what it means to be enterprising
- Understand economic wellbeing and use of money both in business and personal life
- Prepare for change

Organisation of PSHEE

PSHEE is taught as a discrete curriculum subject (one 40-minute weekly lesson) throughout the College from Early Years to Year 11. In the Sixth Form, it is taught for 2 x 40 minute lessons and is called 'Enrichment'.

The Heads of Year/Prep Class teachers are responsible for designing the programme and assist the delivery of PSHEE. It is also their role to consider and identify the training needs of staff delivering the subject. Form Tutors also play an active role in the PSHEE programme and its delivery. It is strength of the subject that PSHEE staff represent a wide range of subject areas and breadth of experience. Teachers work in year teams to share good practice and meet once a term. There is also a termly planning meeting for Heads of Year and Prep Class Teachers.

PSHEE time allows for a range of practical activities which promote active citizenship e.g. charity fundraising, and supports in the preparation of Year Group Services with an emphasis on spiritual and moral content. It is also used for Target Setting and the monitoring of pupils' progress.



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PSHEE Programme and Themes

There are five themes in our delivery of the PSHEE education curriculum, which are as follows:

<i>Living in the Wider World</i>	<i>Academic School Life</i>	<i>Careers and Higher Education</i>	<i>Relationships and Sex Education</i>	<i>Health and Wellbeing</i>
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These are based on the PSHE Associations Programme of Study, and are delivered through PSHEE lessons, the tutoring programme, assemblies, external speakers and other curriculum areas. E-Safety, is delivered through each theme rather than sitting as standalone thread as it permeates all aspects of life in today's world. More detailed schemes of work, lesson plans & resources are available from the respective Heads of Year/Prep class teachers.

Visitors and Outside Agencies

We are keen to involve individuals and organisations to resource and support our delivery of the PSHEE programme. Visiting speakers in recent years have included professionals in the fields of health, religious organisations, law, police, drugs education, higher education, business and the world of work, drama groups etc. All visiting speakers to the College are checked for suitability. Staff responsible for booking external speakers are required email a copy of the External Visitors Policy in addition to completing an external visitor checklist, which includes an online search. The checklists are retained alongside the single central register and all visitors are expected to work within the terms and spirit of our PSHEE policy.

Relationships and Sex Education

Our teaching in Religious Education and Science support the delivery of this programme in conjunction with Heads of Year through the PSHEE programme. The Catholic Church's teaching on human sexuality, based on the values of the Gospel, provides the context for the College's programme.

Relationships Education is taught across the College and Sex Education is covered in the Senior School. This will be taught through TenTen Theatre's new programme which is in line with both the Department for Education guidelines and the Catholic Education Service.

In the Prep School, this is taught by the class teachers, Lay Chaplain and RE Co-ordinator. In the Senior School, a selected team of staff who are confident and have experience delivering the subject are responsible for its teaching. All staff delivering RSE have been appropriately trained.

For further details, please see the Relationship and Sex Education Policy (RSE) Policy and Relationship and PSHEE Curriculum Overview.



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Every Child Matters

PSHEE education makes a major contribution to the Every Child Matters (ECM) five outcomes for children and the statutory responsibility to promote:

- Be Healthy
- Stay Safe
- Enjoy and Achieve
- Make a Positive Contribution
- Achieve Economic Wellbeing

Links with other Subject Areas

All other subject areas have the opportunity to link with PSHEE through their programmes of study and also through promoting the College ethos and giving pupils confidence and a sense of responsibility.

Particularly strong links exist between the following subjects and the content of PSHEE:

- Science and PE cover many aspects of health and keeping safe including topical debates
- Food Technology covers aspects of healthy eating and lifestyles
- Drama and English cover social and moral issues related to relationships
- RE includes many aspects related to relationships, diversity and self-awareness
- Mathematics covers areas of economic wellbeing and financial capability
- Geography covers aspects of environmental and sustainability issues
- History covers various social and moral issues throughout its programme
- ICT covers online safety/safeguarding

Assessing PSHEE

In PSHEE there are two broad areas for assessment:

- A pupils' knowledge and understanding
- How well a pupil can use their knowledge and understanding in developing skills and attitudes

Our assessment will:

- Be planned as an integral part of teaching and learning
- Provide regular opportunities for feedback on pupils' progress and achievements
- Include pupils in self-assessment and peer assessment
- Reflect evidence of progress in skills of participation as well as knowledge
- Include celebrations of reaching milestones and achievement

Monitoring and Re-evaluating PSHEE

- Our School Improvement Plan will include PSHEE related targets
- Annual review of programme by Head of Seniors/Sixth Form and Prep Pastoral Lead.
- Key areas for improvement are identified with groups of pupils and acted upon
- Comments from Inspection reports are reviewed and noted for action where appropriate